



TIVERTON SWIMMING CLUB

NEWSLETTER



ISSUE 16

APRIL 2009

CHAIRMAN'S REPORT

I have been in post as Chairman of Tiverton Swimming Club for over six months now, and while not ever planning to volunteer for such a post, I have found it hugely rewarding. My family have been involved with the Club for about 4 years now and it has become an integral part of our lives. I find it a great pleasure to contribute to the local Tiverton community in this way, and to have made so many good friends and acquaintances through the Club. If you should hear me moaning it is only because I liken being a "Chairperson" to being middle-aged! There are two matters I would like to share with everyone in the Club. Both are requests for help to keep our Club viable. Small sports clubs run by volunteers are vulnerable to closure if they do not make enough money and if they do not have a strong volunteer base. Ours is no exception. If you or your children enjoy swimming in any way from learning to swim, achieving certificates, competing or simply to keep fit, then consider contributing your help towards keeping the Club going. Without your help we are at risk.

My first request is that every member who enjoys their time with us invites a new person to join our Club. We need new members to help boost our income. This is especially important with spiralling pool hire costs that we need to meet each month.

My second request is for more volunteer help with running the Club. I expect many of you reading this are now withdrawing knowing that your lives are already very busy. All of us currently volunteering our services also have demanding jobs, families that need our time and very little relaxation time. We cannot carry on indefinitely without some help and if we don't carry on the fabric of the Club will fold. Please consider offering us **your** help. You don't have to know much about swimming and I can assure you that if you are able to assist we will tailor any job around what you are able to offer. It is fun and rewarding volunteering, and great to play a part in our Club in our community. Tiverton Swimming Club needs you in order to survive. Let us all make sure the Club reaches its centenary in 2010. Lynne

COMPETITIVE START AWARDS

Many swimmers have already completed their competitive start award. This is vital as it is a requirement for any level of competitive swimming. Head coach Steve Carder will only put you forward for this when he is confident that your diving is at an appropriate standard. In order to complete the test extra lifeguards and safety requirements must be put into place.

The next test date is Saturday 16th May

If your name appears in the list below it is essential that you attend training from 7am until 9am on that day. Some of you may be swimming in the Crediton Mini League match that evening but you must still attend in the morning. Once you have been tested and achieved the standard Steve Carder will inform the ASA and you will carry that Competitive Start Award with you throughout your swimming career. You will also receive a certificate to put in your Logbooks. Please make every effort to attend and to be on time.

Daniel Ayshford : Jon Ayshford : Rachel Ayshford : Hannah Buckley : Natasha Bucknell : Lorna Burston
Adam Clewer : Keith Elliott : Tomos Emmanuel : Charlotte Fenton : Joseph Flanagan : Amy Fullick
Joshua Gunn : Sue Haigh : Susie Hellier : Matthew Hodson : Leo Holmes : Amy Horsey : Molly Horsey
Ian Jones : Hannah Kallaway : Will Klinkenburg : Kirsty Manley : Jenny McGeever : Blade Medland
Jonathon Noble : Rachel Noble : Alicia Parr : Karl Perris : Chloe Reed : Isaac Reed : Lewis Roast
Benjamin Sanders-Carr : Nick Smith : James Taylor : Dominic Thomas : Sophie Thomas : Jack Wakefield
Mark Wakefield : Alex Wilcox

EXMOOR CHALLENGE WALK

Congratulations to all the Tiverton Club Swimmers who took part in the recent Exmoor Challenge Walk. For people not familiar with this, it is a tough 16 mile walk in teams over 4 over Exmoor with some very big hills! Hopefully your swimming will have helped with the stamina required to achieve this Walk.

COMPETITION NEWS

The competitive season has well and truly begun with a few meets behind us but a lot more coming up in the next few months.

The month of May is a very exciting and busy one with the following galas.

Exeter Spring Meet Sat 9th & Sun 10th May

This meet has been well supported by our club, can all swimmers who entered this meet please check that their details on the notice board are correct. Details for parents & swimmers are also posted on the notice board regarding this meet.

Crediton Mini League Sat 16th May

This is the last of the Mini Leagues'. A team selection list will be on the notice board.....Can swimmers please tick or cross your name.....Also, a few swimmers have ticked to say that they can come then backed out at the last minute....This lets your team down, especially relay events when it only take one swimmer not to be there to let the other 3 swimmers down!! Can you inform the club ASAP if you unable to make a gala so a replacement swimmer can be found...Thank you.

IMPS Sunday 17th May

The younger members response to this gala has been fantastic, if you haven't returned your entry form yet please do soon, either pop it in the green letterbox or hand it to Andy or Tracy. This is going to be a great gala for all of our budding little Rebecca Adlington's & Liam Tancocks, Good luck to all who have entered - ENJOY and have FUN!!

Bournemouth Sunday May 31st

Details will be posted on the noticeboard as soon as we receive them.

JUNE & JULY

The Devon development, & our own Sprint meet & Plymouth Leander L3 details are on the notice board, please support these galas especially our own Sprint Meet.

Any Questions or queries regarding any of the above please don't hesitate to ask.

Andy & Tracy

WEDNESDAY NIGHT—BADGE NIGHT

We would like to welcome Kieron Butt, Chloe Manning, Harry Johnson and Eleanor Ford who has joined us from the Friday Night Section. We wish you good luck with the Bronze Award.

The following swimmers have just passed their Silver Award. Congratulations go to: Lauren Aitchison, Lauren Tapp, Rebecca O'Sullivan Wilson, Ryan Saunders and Chloe Greenslade. Good luck with your gold award.

Watch out next month for Distance Award achievements.

If your child is enjoying Wednesday Badge Nights—have you considered doing extra sessions and joining the Junior Squad section of the Club. This would help improve their stamina, speed and overall enjoyment of the sport. These sessions take part on Saturday morning 8am-9.00am and Sunday evening 4.00-5.00pm. To find out more speak to your swimming teacher or Lorna Murphy.

FRIDAY NIGHT LEARN TO SWIM

Please see attached list of achievements for the swimmers. Well done to you all and good luck to swimmers who are moving up a stage.

Dates for your Diary:

8th May - First night of course (last chance to pay)

7th August — Assessment Night

14th August — Re-enrolment Night

21st August — First night of course

Congratulations to all those who achieved their distance badges. Watch out next month for these results.

THANK-YOU

The Tiverton Swimming Club committee would like to say a very big THANK-YOU to Anneli Farrant who has recently stepped down from the Club Treasurer's post. Anneli has done a magnificent job over 4 years keeping the Club's finances in order. She has committed many hours of work to this, and been a fantastic support to a committee that has changed significantly over that time. Without her dedicated volunteer support, the Club would quite simply have not been able to function. We all wish you a happy and relaxing "retirement" Anneli.

CLUB TIMEKEEPERS

The club have just run our first club timekeepers course with all participants successfully completing it. Well done to... Sarah Carder, Ashton Farrant, Daniel Ayshford, Dominic Fullick, Tracy Abraham, Andy Abraham, Karen Fullick, Peter Callahan and Sean Henry.

They will be able to provide valuable support at club and non licensed events in the future, My thanks also to Steve for allowing us to 'hi-jack' a training session!

It is pleasing to hear that some of the participants are now looking to go on to their Judge 1 training so they can officiate at licenced events.

The second course is now also full and will be run in the next few weeks.

It is great to see such enthusiasm. Once again well done. Terry

CHILD PROTECTION TRAINING

A reminder to all those volunteers and teachers doing the Safeguarding and Protecting Children's course that it is on Tuesday 19th May, 6.30pm until 9.30pm. Meeting Room at the Exe Valley Leisure Centre. It is important that everyone attends. If you unable to attend for the full 3 hours, please attend for as long as you can. If you have any queries please speak to Lynne Callahan.

POSITION VACANT TREASURER

The volunteer post of Treasurer to Tiverton Swimming Club has become vacant. Applications are urgently sought. The main responsibilities of the post include responsibility for all the Club finances, issuing of receipts and keeping records of all monies received, keeping up to date records of all transactions, monitoring of the budget and preparation of end of year accounts.

Ideal skills would include some experience in keeping accounts and budgeting. However the post would suit anyone who is organised, responsible and willing to commit some regular time.

The benefits of this post include providing a vital contribution to the good management of the Club and an opportunity to make a real difference to the success of your Club. For further enquiries please contact Chairman LYNNE CALLAHAN.

01884 242604 lynnecallahan@live.co.uk or Poolside

IMPS GALA—URGENT HELP REQUIRED

On the noticeboard there is a list of help that is required at the Imps Gala. As you can imagine there is a lot of organising that goes into the Imps Gala. This is often the first time that swimmers have been involved in a competition. All the preparation work has been done however on the day there are lots of jobs that need covered. If you could help with any of these please the Club would be grateful just add your name to the list. If you want to find out more please speak to Andy or Tracy Abraham or one of the committee members.

CLUB CHAMPIONSHIPS 2008

Rather belatedly many of you will have received trophies you won at the Club Championships. Many apologies for the long delay which was due to the engraver being slow. Attached is a list of which event has which trophy. For those of you who won events but did not receive a trophy, please remember that this was only because there are not enough trophies for the events that

CLUB CHAMPIONSHIP TROPHIES 2008

Trophy Name		Age	Dis	Stroke	Name
Blackie Mortimer Cup	M	Under 10	50m	Freestyle	Ross Clarke
Brian Hooper Cup	M	Under 10	50m	Breastroke	Ross Clarke
Carey Cup	M	Mens	200m	Freestyle	Not Swum
Clare House Cup	F	14-15 yrs	200m	Medley	Lorna Callahan
Colin Pike Refrigeration Cup	F	Under 10	50m	Backstroke	Emily Abraham
Coventry Cup	M	12-13yrs	100m	Breastroke	Lewis Henry
Coventry Plate	F	Under 18	100m	Freestyle	Not Swum
Coventry Shield	F	Ladies	200m	Medley	Rebecca Jenkinson
Coventry Shield	M	Mens	200m	Medley	Not Swum
DR Hill Cup	M	Mens	100m	Freestyle	Not Swum
Dunsford Cup	F	14-15yrs	100m	Freestyle	Sarah Carder
Emma Kingston Cup	F	10-11yrs	50m	Breastroke	Lucy Abraham
Falbarrow Cup	M	14-15yrs	200m	Freestyle	Ashton Farrant
Forward Cup	M	10-11yrs	50m	Freestyle	Adam Clewer
Gerald Gooding Trophy	M	Under 10	Most Points		Leo Holmes

Championship 2008 Trophies

Trophy Name		Age	Dis	Stroke	Name
Heathcoat Factory Cup	M	14-15yrs	200m	Medley	Ashton Farrant
Homer Cup	M	14-15yrs	100m	Freestyle	Ashton Farrant
Ian Bray Provincial Cup	F	Ladies	100m	Backstroke	Rebecca Jenkinson
John Soundy Cup	M	Mens	100m	Backstroke	Not Swum
Karen Howard Cup	F	10-11yrs	50m	Butterfly	Jade Clarke
Ken White Cup	M	10-11yrs	50m	Breastroke	Matt Hodson
Kerswell Plate	M	Under 10	50m	Butterfly	Leo Holmes
Kingdoms Tours Cup	M	Mens	100m	Butterfly	Not Swum
Linda Prowse Cup	F	Ladies	100m	Breastroke	Not Swum
Loosemore Cup	F	12-13yrs	200m	Freestyle	Meg Callahan
Michele Bisiker Cup	F	10-11yrs	200m	Freestyle	Heather Murphy
Moncrief Cup	F	Under 10	50m	Freestyle	Rebecca Milne
Moncrief Cup	M	Under 18	100m	Freestyle	Not Swum
Mumford Cup	F	Under 10	50m	Butterfly	Emily Abraham
Nat West Bank Cup	M	12-13yrs	200m	Freestyle	Callum Stoneman
Natasha Stone Cup	F	14-15yrs	100m	Butterfly	Lorna Callahan
Newberry Cup	M	12-13yrs	100m	Freestyle	Lewis Henry
Old Blundell's Garage Cup	M	10-11yrs	100m	Medley	Liam Thompson
Pat Turndrup Cup	F	12-13yrs	100m	Breastroke	Jess Lepper
Pavitt Cup	M	Under 10	50m	Backstroke	Ross Clarke
Perry Butterfly Trophy	F	12 and over		% Improved	
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Peter Sharpin Cup	M	10-11yrs	50m	Backstroke	Liam Thompson
Redwood Cup	F	14-15yrs	100m	Backstroke	Sarah Carder
Rossiter Cup	M	12-13yrs	100m	Backstroke	William Parr
Sammy Yarnton Cup	M	14-15yrs	100m	Backstroke	Joseph Zilch
Saville Tractors Limited Cup	F	12-13yrs	100m	Butterfly	Meg Callahan
Stuart Bullivant Cup	F	Under 10	50m	Breastroke	Rebecca Milne
Supports Cup	M	14-15yrs	100m	Butterfly	Ashton Farrant
The Barnett Cup	M	12-13yrs	200m	Medley	Callum Stoneman
The Isaac Cup	M	10-11yrs	200m	Freestyle	Adam Clewer
The Kaye Baker Cup	F	Under 10		Most Points	Emily Abraham
The Mardon Trophy	M	12-13yrs	100m	Butterfly	William Parr
The Norman's Trophy	F	Ladies	100m	Freestyle	Not Swum
Tiverton Gazette Trophy		Any Age		Best Newcomer	
Tiverton Hire Centre Trophy	F	12-13yrs	200m	Medley	Meg Callahan
Todd Cup	F	10-11yrs	50m	Freestyle	Jade Clarke
Tony Parsons Cup	F	14-15yrs	100m	Breastroke	Lorna Callahan
Tony Parsons Cup	M	10-11yrs	50m	Butterfly	Liam Thompson
Tony Pryce Cup	F	14-15yrs	200m	Freestyle	
TSB	F	12-13yrs	100m	Freestyle	Lorna Callahan
Unwin Cup	M	Mens	100m	Breastroke	Not Swum
Victor Ludorum	F	Ladies			Jade Clarke
Victor Ludorum	M	Mens			Adam Clewer
W H Squires Trophy	F	10-11yrs	100m	Medley	Jade Clarke
W P Jones Cup	M	14-15yrs	100m	Breastroke	Dominic Fullick
Westcars Trophy	F	Ladies	200m	Freestyle	Not Swum
Western Counties Cup	F	Ladies	100m	Butterfly	Not Swum
Westward Packaging	F	10-11yrs	50m	Backstroke	Jade Clarke
Wimpy Cup	F	12-13yrs	100m	Backstroke	Meg Callahan